

## **Cryotherapy**

Cryotherapy is a treatment in which an extreme cold is applied to destroy diseased tissue.

### **Why it is performed**

Cryotherapy is most commonly performed to repair retinal tears. It may also be used to repair areas of lattice or thinning of the retina.

### **How to prepare**

Eye drops will be used to enlarge the pupil and to numb the surface of the eye.

### **How it is performed**

The patient is placed in a lying down position. A small probe is pressed on the surface of the eye overlying the area requiring treatment.

### **Results**

Cryotherapy causes minute scars to secure the area requiring treatment.

### **How it feels**

The patient will feel a pressure-like sensation and may experience a mild discomfort during the procedure.

### **What the risks are**

Minimal.